

**Registration for
Excel in the Southland
at Mission San Luis Rey**
(please print)

Name

Address

City/State/Zip

E-mail

Gender

Age

Home Church

Religious Background

Do you require any special needs?

Do you require a special diet?

Are you returning as a friend*? __

Please apply the enclosed amount to my registration costs. Please make your check or money order payable to:

EXCEL in the Southland

Double Occupancy

(Additional charge for single occupancy)

\$200.00 Full Payment

\$40.00 Deposit

**Friends have participated in a past exercise.*

I am able to pay \$ _____, please consider me for a scholarship.

The expense for the exercise is shared by everyone including the team and friends. We are committed to everyone having the opportunity to experience EXCEL so we are completely dependent upon the weekend's registration fees and donations. The only profit made is to our souls and spirits. A few grants may be available. Please indicate your need on the registration form.



All of our meals will be shared together in the Dining Hall.

Please note: We are happy to announce a \$25.00 reduction in the registration price for 2011! Register now for only \$200.00 per person.

Refund Policy: Registrants unable to attend may request a refund of the registration cost or deposit no later than October 1, 2011.



Accommodations are for double occupancy.

Excel in the Southland

at Mission San Luis Rey

Oceanside, California

November 18-20, 2011

(Beginning Friday at 5:30 pm and ending on Sunday at 3:00 pm.)

Register by completing and sending us the attached form with a deposit or full payment to:

EXCEL in the Southland
60293 Onaga Trail
Joshua Tree, CA 92252

A confirmation of your registration, directions to the Mission, what to bring and how you can begin preparing now for our time together will be sent.

Any additional questions?
Please call us at: (760)401-5525 and visit us on the web at:
www.excelinthesouthland.org
or on Facebook:
Excel in the Southland

EXCEL in the Southland

...at Mission San Luis Rey

*...come away to a place of renewal...
...come away for an exercise in life...
...in union with God...*



*The Chapel at the Mission San Luis Rey
Retreat Center*

**...an Exercise in
Christian Community Living**

November 18-20, 2011

Mission San Luis Rey Retreat Center
Oceanside, California

“Yet I will show you a more excellent way.”

—1 Corinthians 12:31



The historic Mission San Luis Rey will be the site of our eleventh annual EXCEL weekend.

*...come away to a quiet place...
...an invitation for a weekend exercise of
spiritual growth, progress & education
EXCEL in the Southland*

Come away to learn and grow spiritually as a follower of Christ.



Our weekend exercise is designed for renewal as we learn a way to remain focused on the foundation of what is basic to being a disciple of Christ.

The weekend strives to be a place where each of us will encounter the presence of the Holy Spirit.

EXCEL is facilitated by committed lay men and women of Christ from various denominations, backgrounds and perspectives. This uniquely ecumenical vehicle proves of great benefit to your own community of faith. As each member of the body of Christ is built up, the whole body is blessed and strengthened. Our weekend exercise will open new horizons for you, build your faith and empower you. You will explore your Christian faith in new ways which will give you concrete, practical ways to demonstrate that you are a citizen of the Kingdom of God.

On Friday evening, we will join with others to embark upon a spiritual journey that will enrich each of us. There is joy and fulfillment when our faith grows and we learn more about what it means to be a member of the body of Christ.



The Retreat Chapel will serve as our Spiritual home for the exercise.

Our common experience dictates that each one of us attend the entire exercise. Our time together, working, playing, praying, and at worship is the very cornerstone for the spiritual discoveries and insights that will empower us as individuals, local churches and as a world-wide community of faith.



The main meeting room at the Mission will be the gathering place for our talks and activities.

Using the word “exercise” for the intentional gathering of Christian people for the purposes of renewal and enrichment is credited to Saint Ignatius. The spiritual exercises of this blessed Saint have been leading believers to ever deeper journeys of faith for centuries. Our weekend’s roots are found here.

The exercise is conducted using short talks, discussions, activities and events. All of this is designed to assist you in making practical applications to the methods that will be presented for living your daily life in a way that honors God.

